

# MEANING OF COLOURS

 <b>Base Chakra</b>	<b>RED</b>	<p>Symbolises energy, passion, strength, courage, physical activity, creativity, warmth, and security. It is also associated with aggression.</p> <p>Body – Circulatory system &amp; physical body (as a whole)</p> <p><b>In healing, red can be used to bring warmth and burn out disease, because red is a powerful colour it should be used in moderation.</b></p> <p><i>In the aura red signifies materialism, materialistic ambition, a focus on sensual pleasures and a quick temper.</i></p>
 <b>Sacral Chakra</b>	<b>ORANGE</b>	<p>Symbolises the individual's relationship to the external world, the needs and wants of the physical body and the ways in which these are satisfied, the world of work.</p> <p>Body - Sexual organs &amp; emotional wellbeing</p> <p><b>In healing use orange to help increase immunity, social wellbeing and sexual energy.</b></p> <p><i>In the aura orange signifies good health, vitality, excitement, thoughtfulness and creativity.</i></p>
 <b>Solar Plexus Chakra</b>	<b>YELLOW</b>	<p>Symbolises intellect, creativity, happiness awakening, optimism, easy-going nature, inspiration and the power of persuasion.</p> <p>Body – Spleen &amp; life energy</p> <p><b>In healing use yellow to promote clarity of thought and positivity.</b></p> <p><i>In the aura yellow signifies intellectual development, for either material or spiritual ends.</i></p>
 <b>Heart Chakra</b>	<b>GREEN</b>	<p>Symbolises money, luck, prosperity, vitality, fertility and above all nature.</p> <p>Body – Heart &amp; lungs</p> <p><b>Green is the colour of healing; it is beneficial in all healing situations.</b></p> <p><i>In the aura green signifies balance, peace, love of nature, and often indicates ability as a healer.</i></p>
 <b>Throat Chakra</b>	<b>BLUE</b>	<p>Symbolises peacefulness, clarity, spirituality, intuition, inspiration and inner peace.</p> <p>Body – Throat &amp; thyroid</p> <p><b>In healing blue is used for cooling and calming, both physically and mentally.</b></p> <p><i>In the aura blue indicates serenity, contentment and spiritual development.</i></p>
 <b>Third Eye Chakra</b>	<b>INDIGO</b>	<p>Symbolises psychic ability, sensitivity, intuition &amp; deep feelings.</p> <p>Body – Pituitary gland &amp; third eye</p> <p><b>In healing, use indigo for relaxation, reassurance and promoting psychic abilities</b></p> <p><i>In the aura indigo signifies a seeker, often of spiritual truth.</i></p>
 <b>Crown Chakra</b>	<b>PURPLE</b>	<p>Symbolises power, both earthly and spiritual. Intuitive, visionary &amp; reveals psychic powers</p> <p>Body – Crown, pineal gland &amp; nervous system</p> <p><b>In healing, purple is used for mental disorders and also for becoming one with Spirit.</b></p> <p><i>In the aura purple signifies higher spiritual development.</i></p>
 <b>Astral Chakra</b>	<b>MAGENTA</b>	<p>Symbolises selfless acts of kindness and compassion to humankind, nature and the earth. It connects the base (red) and crown (purple) chakras and is known as the eighth chakra.</p> <p><b>In healing it has been beneficial in treating heart and circulatory problems as well as a general stimulant, which can in turn provide emotional peace.</b></p> <p><i>In the aura it signifies someone who is inventive, has strong will, are imaginative and creative with an active mind. They are bright and determined but also possibly a little eccentric and on the edges of society as they like their own company.</i></p>

	<b>PINK</b>	<p>Symbolises unconditional love, love requiring nothing in return, friendships and conviviality.</p> <p><b>In healing it is soothing, brings balance and harmony to both physical and emotional presenting issues.</b></p> <p><i>In the aura it signifies balance between the spiritual and the material.</i></p>
	<b>LAVENDER</b>	<p>This colour denotes vision, imagination and daydreaming.</p> <p><b>In healing it can bring soothing, divine freedom, burns off negative karma from past lives and helps with dream interpretation.</b></p> <p><i>In the aura it signifies a gentle, free spirited person who is creative, compassionate and sensitive by nature.</i></p>
	<b>TURQUOISE</b>	<p>Symbolises sensitivity and compassion shown by that of a healer or a therapist.</p> <p>Body - Immune system.</p> <p><b>Used in healing it controls and heals the emotions, creating emotional balance and stability.</b></p> <p><i>In the aura it implies a sensitive and compassionate personality.</i></p>
	<b>SILVER</b>	<p>Symbolises spiritual and physical abundance.</p> <p><b>Healing using silver encourages self-healing, spiritual growth and can help with women's issues e.g. Hormones, menstrual pain etc.</b></p> <p><i>In the aura a lot of bright silver may mean money or a spiritual awakening.</i></p>
	<b>GOLD</b>	<p>Symbolises divine protection, enlightenment, understanding and luck.</p> <p><b>In healing it is a very powerful colour, so powerful that many are not able to stand it initially and must be conditioned to it via other colours.</b></p> <p><i>In the aura it represents service to others and someone with this aura is encased in divine guidance and has wisdom, inner peace, intuition and spiritual thinking.</i></p>
	<b>BROWN</b>	<p>Symbolises practicality, material success, concentration and study.</p> <p><b>In healing it is a good colour to promote memory, studying and stability</b></p> <p><i>In the aura it indicates "down to earth-ness" and common sense.</i></p>
	<b>WHITE</b>	<p>Symbolises truth, purity, cleansing, healing, protection and angelic qualities.</p> <p><b>It is a good general healing colour for the removal of pain and suffering.</b></p> <p><i>In the aura it signifies a high level of attainment, a higher level soul incarnate to help others.</i></p>
	<b>GREY</b>	<p>Symbolises dependability and maturity</p> <p><b>In healing grey can be used to bring rest, retreat and escape for the recipient.</b></p> <p><i>In the aura it may signify sadness, depression, exhaustion, low energy levels or scepticism</i></p>
	<b>BLACK</b>	<p>Symbolises the unconscious, mystery, the capturing and transformation of energy. It can also represent evil, past life problems, unreleased anger, grief or health problems.</p> <p><b>In healing it can used for grounding those excessively energetic and promote deep meditation.</b></p> <p><i>In the aura it signifies some kind of blockage or something being hidden.</i></p>